



# DANU SPA

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# DANU SPA

Inspired by the Balinese language, 'Danu' , which means lake, features 2 SPA rooms with size area 60m<sup>2</sup>. Our SPA could be one of your options for relaxation from tiring activities in Kintamani. The treatment provided would represent being on the lake side.

At Danu spa we created a space of healing, touch and aroma, to promote within you a deep sense of calm, joy and serenity. We honor a universal, holistic approach to health and well-being and invite you to experience our SPA facilities, services and products, that are created in respect of our human need for relaxation, balance, well-being and beauty.

- All treatments are available for both man and woman.
- Kindly note we do not have a male therapist.

**Opening Hours**

**9AM – 9PM**

# UPPER TREATMENT

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## Traditional Facial

A deep cleansing treatment with a special technique for relaxation and comfort. Complete with the vitamins needed for glowing skin health, featuring traditional Indonesian products.

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1 Hour

**400K ++/ Pax**

## Aromatic Facial

The traditional face and treatment to refreshing and rejuvenate your face with natural ingredients. It will give proteins and vitamins to the face skin and cooling the sunburn skin.

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1 Hour

**500K ++/ Pax**

## Neck & Shoulder Massage

This is a beautifully relaxing massage that targets all the places you hold the most tension, the head, neck and shoulder.

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30 Minutes

**230K ++/ Pax**

# THE BODY'S TREATMENT

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## Balinese Boreh Massage

Boreh, a native Balinese word which translates literally as “Herbal remedies used externally for health” Boreh is an exfoliation and body polishing treatments combined with Balinese massage. A warm wrap mixture of sandalwood, cinnamon, clove and ginger in a base of ground rice. This treatment is used as a preventive treatment to keep the body healthy and fit; it is believed that Boreh also relieve muscle pain and vatic after a long hard-working day. (Step of treatment: Salt footbath, Balinese massage 60 minutes, boreh wrap, cucumber rasp, and herbal bath).

2 hours  
**730K ++/Pax**

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## Balinese Massage

The traditional Balinese massage is performed with gifted hands, as it has been done for generation. Blend, stretching, acupressure and long stroking. The jasmine massage oil will leave you calm as well as rejuvenates. This massage is designed for relaxation.

60 minutes  
**370K ++/Pax**

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## Aromatherapy Massage

This is a combination of a sense of smell and touch to achieve a healing effect on the whole body. A selection of essential oils will be presented to you choose from then pressure point massage that will leave you calm, balance and relaxed.

60 minutes  
**440K ++/Pax**

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# THE BODY'S TREATMENT

ကုမ္ပဏီတစ်ခု

## Fullbody Massage

This full body massage will ease tight muscles in the back, neck and shoulder area. Excellent for recovering from treating specific problems and injuries, it is ideal for people who prefer a deeper massage.

60 minutes

**400K ++/Pax**

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## Body Scrub Relaxation

Unforgettable traditional body scrub using herbs and natural plant fibers, formerly used by the ancient Javanese royal families, to remove excess dead cell accumulation under the skin, The blood circulation will improve, resulting in a soothing, relax feeling all over the body. This treatment is combined with a traditional Balinese massage and cool creamy yoghurt lotion.

(Steps of Treatment: Salt footbath, Balinese massage 60 minutes, scrub, yoghurt, milky bath)

2 hours

**750K ++/Pax**

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## Hot Stone Massage

This is combines a massage and hot stone treatment aiming to give your body deep relaxation. It is not simply the gliding of heated stone lightly upon the surface of the skin. Rather, your trained therapist will use the stones as tools to deliver effective tissue and muscle massage, at a level of pressure comfortable to you, to relax your muscles and improve blood circulation. Please be sure to request light, medium or deep pressure, to add to the beauty of our hot stone massage technique.

90 minutes

**670K ++/Pax**

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# THE BEAUTY IN YOUR FINGERS

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## Manicure

60 minutes

**270K ++/Pax**

## Pedicure

60 minutes

**270K ++/Pax**

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## Nail Polish Service

We offer this treatment for fingers and toe nails as a finishing touch.

30 minutes

**270K ++/Pax**

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## Foot Reflexology

30 minutes

**270K ++/Pax**

60 minutes

**400K ++/Pax**

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# PACKAGES

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## The Body's

Relaxing Massage, Body Scrub,  
Flower Bath.

3 hours

**750K ++/Pax**

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## The Volcanoes

Hot Stone Massage, Body Scrub,  
Flower Bath.

3 hours

**750K ++/Pax**

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## Relaxation On Hand

Relaxing Massage, Manicure,  
Pedicure.

3 hours

**750K ++/Pax**

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**DESA OCULUS**